

A Course

in

LIGHT

A Spiritual Path For Enlightenment

*Channeled by
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**Course
Outline**

Introduction

We are the providers for A Course in Light, along with other material that is informative and healing for all seeking to help create a new paradigm for this New Millennium. A Course in Light is serving the planet with the teachings of ascended ones, under the Order of Melchizedek.

As souls, we are each on a journey of discovery and evolution in consciousness, and are driven by our desires that unfold through greater karmic activities. While from our perspective our world may seem solid, and physical, the actual scientific truth is that this is all just a perception, and our world is actually vibrating sub-atomic particles of light, vibrating at various frequencies that take form as colour, sound, and matter.

We are literally light vibrating dynamically and magnetically, responding to different signals in our environment based on our perception and attracting a certain frequency of experience, that mirrors our own patterns in consciousness. Evolution is a process of change from one state of being to another - A course in light is the teachings that take you on a journey of transformation initiated by the light of your own higher self.

This is a spiritual path that accelerates your personal growth, spiritually, psychically, mentally and physically. The energy work itself is quantum physics - it is the activation of the light energy and the science of light that transforms, which is the teachings of A Course in Light. It is the method or procedure to help you in your physical body as well as your conscious self to be awakened to the Higher Source of who you are.

The book entitled "The Secret" is information relating to the Spiritual Law of Attraction - one of the many laws of spiritual consciousness coming from Light, Mind, Spirit and Energy, all as another facet of God. So the book "The Secret" is the information that helps you to practice the laws of Higher Mind. These laws and principles are taught through all the many universal teachings of philosophy, religion and psychology.

A Course in Light is the method and teaching presented to all for the specific purpose of raising everything in you to become aware of your higher purpose and potential. It connects you to your Higher Source, healing conditions you are in need of correcting.

When you begin the practice of A Course in Light you walk your path to enlightenment. The book and CDs are the guided tools that assist you in clearing yourself from all the unhappy and negative factors that contribute to your unhappiness and dis-ease. Each lesson of this path brings you many surprises and opportunities to break the old patterns that cause the attraction to the negative conditions in your life.

The first lesson is invaluable as you begin with the White Light clearing your aura and magnetic field and it is a way to release in you what may have caused dis-ease of thought, emotion or psychic elements. The touch of the higher beings is felt and experienced beyond what you expect. Be inspired, uplifted and ready for great things in your life.



The 12 Chakra Centers of The Soul Body of Light

A Course in light is a systematic procedure working with light as color using meditation techniques that activate energy within your own consciousness. You will experience in meditation the vibrations; feel the energy and its effect on your subtle bodies. It is an experiential journey through the past, present and future of your life. It is the study of light energy rays and their activation to clear your mental, emotional and perceptual awareness. This course as channeled by Masters is designed for transformation through spiritual awakening and responsibility.

A Course in Light consists of a series of lessons along with meditation CD's. Each lesson will activate a new center of light and bring you through certain processes. As a home study student, you will work through each lesson at your own individual pace.

The rays of light, are associated with the Chakra centers within the soul Body of light. Each meditative experience will take you into this level of consciousness, activate and magnify the energy of the week, and initiate a process within you.

A Course in Light is a series of meditation techniques and readings given to humanity for the purpose of self-discovery and personal transformation. With conscious use and direction of light frequencies, you will experience a change in your physical, mental, emotional makeup. With the daily practice of meditation and the activation of the light frequency of the week, you will notice profound changes in your personal belief system. You may have very subtle experiences that touch your heart, mind and soul. With the continued practice of applying these experiences, many have become teachers and practioners of A Course in Light.

Throughout many disciplines of Spiritual growth, light is mentioned as the source of all life. Those who have experienced enlightenment describe it as "being aware of everything that surrounds them as energy and light".

The following provides a brief overview of each color ray:

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|-----|-----------------|----------------------|
| 1) | White Light | Christ Consciousness |
| 2) | Gold Light | Cosmic Father |
| 3) | Blue Light | Wisdom |
| 4) | Emerald Green | Creativity |
| 5) | Violet Purple | Center of the Will |
| 6) | Ruby Red | Heart |
| 7) | Orange | Perception |
| 8) | Pink | Divine Love |
| 9) | Amethyst | Warrior Ray |
| 10) | Mint Green | Rejuvenator |
| 11) | Scarlet | Passion |
| 12) | Black Power Ray | Grounding |



The Soul Body of Light

Wrapped around the physical being is the light body, growing, undulating inside and spurring you on to greater development. Welcome to your soul! This beautiful form living within is the real you; the one that is aligned in the will of the Divine Spirit in whose image you were originally conceived. While one's self-identity primarily is focused on the physical body, you can delve into this inner reality and see yourself as God sees you.

It is a matter of desire: do you truly want to see yourself in this way? Then simply set your heart upon it. Spend time in a stilled state of mind and body and allow what is inside to come up to the surface. There are many ideas and experiences that want to show you something very positive and beneficial. If you are willing to move through the resistance within the physical body and allow what is deep inside to well up within your mind, the growth you can achieve is extraordinary and will heighten your perspective and fill you with a deep, lasting peace. You will be giving your soul body an opportunity to show you what it is and how it functions for your highest good.

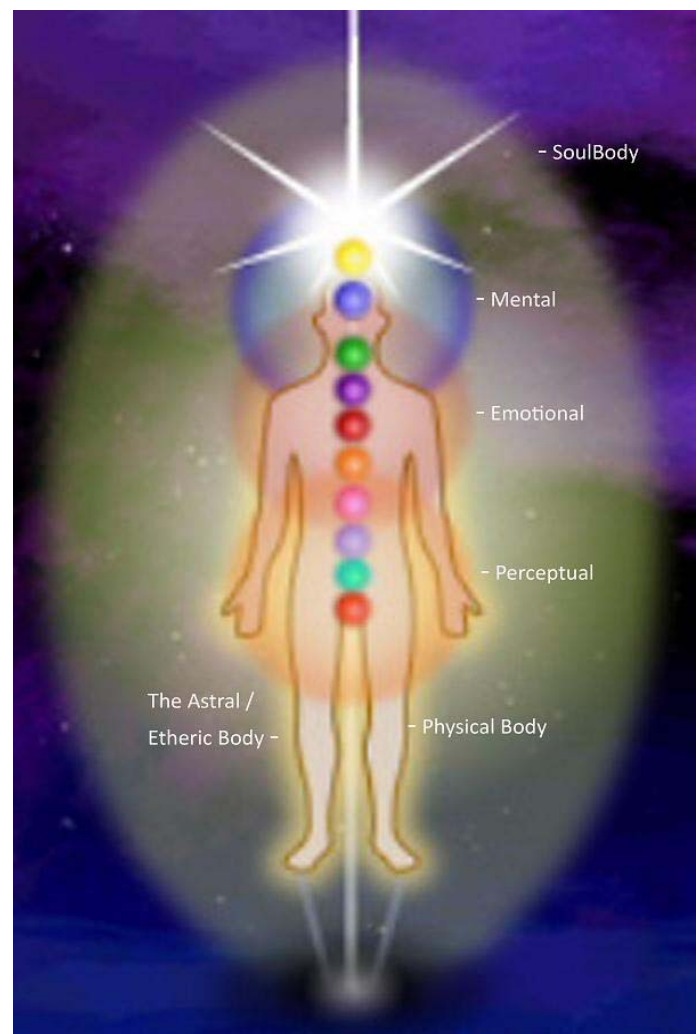
Although the soul body is hidden by negative thoughts and hurtful feelings that have been used as a shield to protect the vulnerability of your own innocence, let that not deter you from wanting to see yourself as Spirit views you. You are innocent as a child of God. Beyond the pain and resistance in your body, your soul contains a delightful surprise that wants to grow within you and overtake all of the negativity that has long been housed within. Here is where true healing occurs that can resonate outwardly into your body. Through the development of your soul body you can find the secrets to bring the physical body into alignment with the way it was originally designed to function.

The soul body grows by personal life experience. Each time you make a decision that is in alignment with the way of Spirit or each time you have an experience wherein your actions are love-filled, you grow your soul. Spirit adds golden threads inside your being and configures your thoughts and feelings to wrap around the new truths you are expressing in various ways. The beauty that you create within is the true

measure of your identity. And something switches in the consciousness that helps you recognize and claim this as your very own.

If you need help in sitting in the stilled state to recognize this through either insight or feeling, ask your Divine Mother and Divine Father to prepare the way. Through their love and spiritual energy moving in you, a path of light is created for new images to emerge in your conscious mind that fill you with inspiration, hope, and an awareness of your true self. When you embrace this fully, your life path will move in a new direction and you will find yourself on the road to living your dreams that are seeded deep within. This is indeed possible. Your Divine Parents will help you climb over the rocks in your own way and help you overcome every limitation within, so your true soul self can emerge victorious!

Claim your soul body as your very own. Ask to see your inner beauty and begin to see and identify yourself with your soul. There will be many delights to enjoy as this reveals itself: a spiritual seduction to satisfy you to your core and bring you to the heights of ecstasy. Believe it! Desire it! Become it! It is your destiny



Levels of Consciousness

The meditation procedure as taught by A Course in Light, addresses the egos such as the personality ego, the body ego, the cellular and organic egos which represent your human consciousness. It is this aspect you are raising to higher states of consciousness. Your personality consciousness is associated with your brain. It is your humanity, your humanness, your self awareness.

The next level of consciousness relates to your astral self, and the astral is the body that is a mirror of your physical. The astral holds the impressions from your past life experiences and is associated with your sub-consciousness. The healing in this part of you is very effective in changing your past patterns - It is changing those patterns you carried into this life. Your soul body of light is what the chakra centers relate to and the soul consciousness is different than your human consciousness. Your soul is aware of your spirituality and is more aware of what you are here to complete and experience in your life. So as you are in the activation of the chakra centers, you are healing much in your soul body of light as well as your astral and physical self.

Your soul systems and consciousness holds the records of your past life experiences. Beyond the soul consciousness we move into what is called the Higher Self. The Higher Self is relative to states of consciousness as the Mind. There are still more levels of consciousness associated within the Mind. So the next stage of consciousness is called Christ Consciousness. It is when the consciousness of that part of you has integrated with all other levels and the Christ Consciousness relates to your ability to magnify your light, to live as a Teacher of teachers, to have mastered your consciousness on all other levels. It is what you experience when you have completed the lessons and initiations of your souls journey in the earth. And there are many levels of consciousness even in the Christ Conscious state. Beyond the Christ consciousness is called Cosmic Consciousness this is associated with the experience when you are totally aware of your Oneness with all that you are with the Universe.

A Course in Light teaches you step by step through the many lessons that are yours through your long souls journey. Each lesson in the Light work is healing a certain level of your human consciousness.

So with A Course in Light you begin at the physical body and are activating each chakra center to help clear and raise the vibration of yourself within the physical nature.

The second level is working through the emotional and perceptual (psychic) levels within you. You are learning how to raise the consciousness of yourself emotionally and perceptually.

The third level of ACIL is focused on your mental consciousness. It is working with the belief systems within your mental thinking. And the principles of Truth are the important part of changing the consciousness of your mental self.

The fourth level is the astral/etheric, here the energies are activated to clear your consciousness from the issues you brought forward into this life. Now you have completed the first four stages of the process of healing within your human consciousness.

When you have completed the four levels you then begin to activate your centers and raise your thinking to the planetary levels of light. So the planetary levels are connecting you to the Higher Self. There you receive the Lessons of the Mind. The intent is to awaken from the Higher Self what you need to discover and what you need to know in your human conscious self.

All of the planetary light work is relative to different stages of consciousness of your Higher Self, and the Keys and Codes are introduced at the level seven of Planetary 7. They are an introduction to the inner patterns of light within your own soul body of Light.

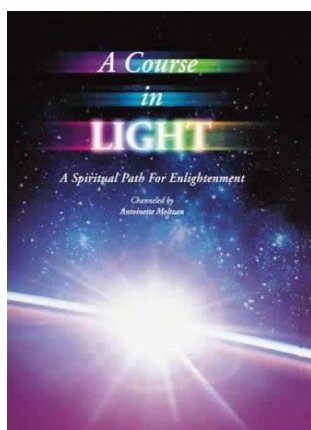
Once you have completed the planetary lightwork you move into the Angelic Levels of Consciousness. The angelic levels of consciousness is an aspect of Christ Consciousness here you become awakened to your reality of being an Angel on Assignment. Here you are given tools to express healing ways in your life and for others.

Each of these stages are preparations for the ascension to higher states of consciousness. Once you have completed the Angelic Levels you enter into what is called the Monadic. The Monadic is another phase of what is known as Cosmic Consciousness and Monadic becomes an experience associated with the Keys and Codes. So the goal and destiny is to be of a clear Mind, clear Soul, and a clear Self.

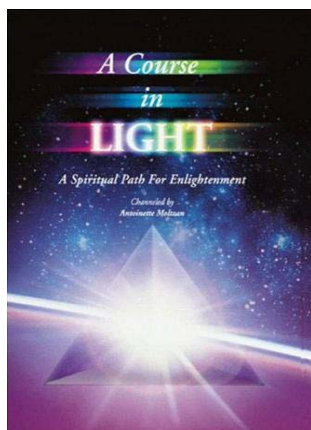
A Course in Light

ACIL is structured over 5 Series of Meditative processes and initiations as directed by the Ascended Masters. Each Series includes a Book and a range of CD's including guided meditations, teachings and Spiritual Initiations to further develop the soul body of light. These meditative processes are profound with a real sense of energy that can be experienced by all that are open to the experience.

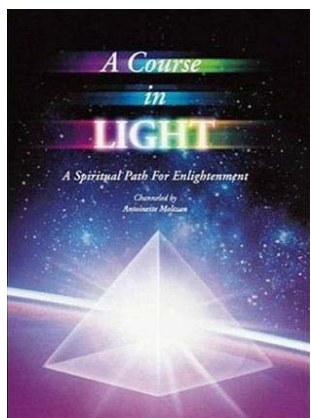
The 5 Series of A Course in Light:



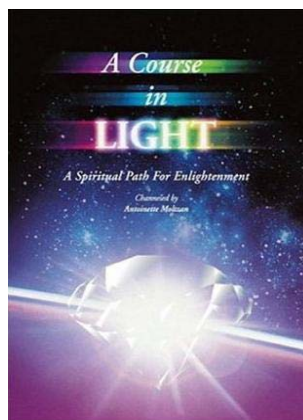
Series 1 - Physical, Emotional/Perceptual, Mental & Astral/Etheric Levels. Each activation of light, is expanded for a period of 1 week. Series 1 includes 4 levels with a total of 43 activations. It is recommended that you take a break between each level.



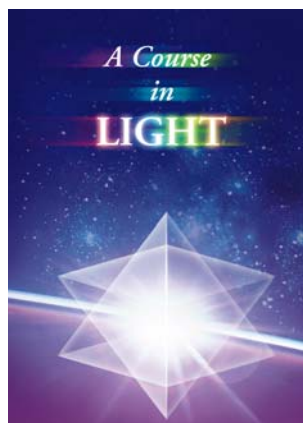
Series 2 - Planetary Levels 1, 2 & 3 The 2nd Series of ACIL includes a total of 34 Powerful activations - each transpiring over a 7 day process. Activate the Rainbow Bridge & connect to the Higher Mind aspect. The process continues to help integrate the higher mind aspect at a conscious level.



Series 3 - Planetary Levels 4, 5 & 6. The 3rd installment of ACIL expands powerful Pyramid formations of light through a process of 33 activations. The pyramidal energies increase your magnetic field & effectiveness in healing yourself & others through structuring the energy for the purpose of healing through the higher mind.



Series 4 - Planetary Levels 7, 8 & 9 The 4th Series of ACIL continues our process of expansion through the higher self with 33 activations and the introduction to the Keys & Codes of Consciousness. The Lessons of Mind continue as you experience both the 'little will' & your 'Higher Intent'. The kundalini fire is awakened and integrated into consciousness.



Series 5 - Angelic Levels 1, 2, 3 & the Monadic Level. A new spectrum of light is experienced that is associated with Angelic Consciousness. Transformation transpires at all levels as you learn to live as a higher being of light.

Order Online at
www.courseinlight.com.au

Each Series comes with a book, and
24 CD's of meditative processes.

\$180.00 per Series + P&H

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